



**When:** Mondays and Thursdays various times

**Where:** Stewart Hall

Burnt Store Presbyterian Church collaborates with the Punta Gorda YMCA to hold classes in our Stewart Hall. Classes from Pilates, Strength Training to Yoga and Chair Yoga are held on Mondays and Thursdays. To find days and times for specific classes, visit our [Church Calendar](#) or visit the [local YMCA website](#).